

Variable	Mean	SD	Min	Max
Age	38.5	10.2	25	55
Gender	Male	Female		
Marital Status	Married	Single		
Education	High School	College		
Income	\$20,000	\$30,000		
Health Status	Good	Fair		
Exercise Frequency	Weekly	Monthly		
Stress Level	Low	High		
Sleep Quality	Good	Poor		
Dietary Habits	Healthy	Unhealthy		
Work Hours	40	50		
Family Size	2	3		
Home Ownership	Owned	Rented		
Commute Time	30	45		
Neighborhood Safety	Safe	Unsafe		
Access to Healthcare	Yes	No		
Health Insurance	Yes	No		
Smoking Status	Smoker	Non-smoker		
Alcohol Consumption	Regular	Occasional		
Physical Activity	Active	Sedentary		
Mental Health	Stable	Unstable		
Life Satisfaction	High	Low		
Community Involvement	Active	Passive		
Environmental Awareness	High	Low		
Political Engagement	Active	Passive		
Cultural Participation	Active	Passive		
Volunteer Work	Yes	No		
Charitable Contributions	Yes	No		
Religious Beliefs	Religious	Secular		
Ethnicity	White	Black		
Language Spoken	English	Spanish		
Immigration Status	Citizen	Immigrant		
Disability Status	Non-disabled	Disabled		
Substance Use	None	Regular		
Genetic Predisposition	Low	High		
Chronic Conditions	None	One or more		
Medication Use	None	Regular		
Healthcare Utilization	Low	High		
Preventive Care	Yes	No		
Health Literacy	High	Low		
Health Beliefs	Positive	Negative		
Health Communication	Active	Passive		
Health Decision Making	Active	Passive		
Health Self-Management	Active	Passive		
Health Monitoring	Active	Passive		
Health Evaluation	Active	Passive		
Health Improvement	Active	Passive		
Health Maintenance	Active	Passive		
Health Protection	Active	Passive		
Health Promotion	Active	Passive		
Health Advocacy	Active	Passive		
Health Empowerment	Active	Passive		
Health Resilience	Active	Passive		
Health Adaptability	Active	Passive		
Health Flexibility	Active	Passive		
Health Creativity	Active	Passive		
Health Innovation	Active	Passive		
Health Leadership	Active	Passive		
Health Collaboration	Active	Passive		
Health Partnership	Active	Passive		
Health Alliance	Active	Passive		
Health Network	Active	Passive		
Health Community	Active	Passive		
Health Culture	Active	Passive		
Health Tradition	Active	Passive		
Health Heritage	Active	Passive		
Health Legacy	Active	Passive		
Health Future	Active	Passive		
Health Hope	Active	Passive		
Health Faith	Active	Passive		
Health Love	Active	Passive		
Health Joy	Active	Passive		
Health Peace	Active	Passive		
Health Harmony	Active	Passive		
Health Balance	Active	Passive		
Health Well-being	Active	Passive		
Health Quality of Life	Active	Passive		
Health Satisfaction	Active	Passive		
Health Happiness	Active	Passive		
Health Contentment	Active	Passive		
Health Gratitude	Active	Passive		
Health Optimism	Active	Passive		
Health Positivity	Active	Passive		
Health Resilience	Active	Passive		
Health Adaptability	Active	Passive		
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